



## Volunteer Program Information Sheet

Thank you for your interest in volunteering with Little Bits. Our program is for riders with disabilities, including children, young adults and adults. Our Fall 2010 session begins September 12 and runs for 10 weeks.

Volunteers assist in the classes by leading a horse or sidewalking. Help is also needed in the barn to brush and tack horses. The minimum age for volunteers to lead or sidewalk is 14 years. There are some opportunities for 12–13 year olds with horse experience to help in the barn.

### Class Times

Classes run 4 days per week at the Whitemud Equine Centre. Each class is an hour long and there are 5 riders per class. Please choose which days and times you want to volunteer.

Sundays	Sept. 12 – Nov. 14	9:30 am - 6:30 pm
Mondays	Sept. 13 – Nov. 15	9:00 am – 2:30 pm
Tuesday	Sept. 14 – Nov. 16	8:30 am - 1:30 pm AND 3:30 - 9:30 pm
Wednesdays	Sept. 15 – Nov. 17	2:30 pm - 9:30 pm

### Requirements

Basic requirements are a comfort level around horses and the desire to help riders with a disability get the most out of each lesson. Volunteers also need to be able to walk for 45 minutes (with some stops along the way) in an indoor arena or outside.

# How to Apply

## Step One:

Complete an application form and obtain reference phone numbers. Now send your application via e-mail or drop off your completed application, and references, to the Little Bits Office (located at the Whitemud Equine Centre) or **fax** the information to us at 780-476-7252.

## Step Two:

Attend the “hands on” Volunteer Training Session. This session is mandatory; however if you are interested in volunteering but are unable to attend this training session, call Lisa Doyle at 780-476-1204 to make other arrangements.

**Orientation Session**  
**Wednesday, August 25, 2010**  
**7:00 pm – 9:00 pm**  
**Whitemud Equine Centre, Edmonton**  
**(Fox Drive and Keillor Rd)**

- The training session will begin in the classroom and then we will do some demonstrations and hands-on training in the barn and arena.
- Please wear clothing and footwear suitable for being around horses, dust, etc.
- If you will be attending please let us know (phone 780-476-1204)



## Fall 2010 Volunteer Application

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/Town \_\_\_\_\_ Postal Code \_\_\_\_\_

Telephone: Home \_\_\_\_\_ Work /Cell \_\_\_\_\_

E-mail \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Age: Less than 14 yrs  under 18 yrs  over 18 yrs  (please check one)

How did you hear about Little Bits need for volunteers? \_\_\_\_\_

What made you choose Little Bits as a place to volunteer? \_\_\_\_\_

Do you have experience interacting with people with disabilities? No  Yes  If yes, describe.

\_\_\_\_\_

Do you have experience with horses? No  Yes  If yes, describe.

\_\_\_\_\_

Please list any additional skills, interests that you would be willing to share with Little Bits.  
( e.g. *Artistic ability, fundraising, public speaking, computers, etc....* )

\_\_\_\_\_

\_\_\_\_\_

**(Please fill in page 2)**

**Are you bondable?** Yes \_\_\_ No \_\_\_\_ (Bondable means you have NO criminal record)

**Availability**

Sundays 9:30-1:00{ 10:45-2:00{ 1:45-5:00{ 2:45-6:00 { Other: \_\_\_\_\_ to \_\_\_\_\_

Mondays 9:00-Noon { 11:00-2:00{ Other: \_\_\_\_\_ to \_\_\_\_\_

Tuesdays AM 8:30-12:00{ 8:45-1:15{ Other: \_\_\_\_\_ to \_\_\_\_\_

Tuesdays PM 3:30-7:00{ 4:45-8:00{ 6:45-9:15{ Other: \_\_\_\_\_ to \_\_\_\_\_

Wednesdays 2:30-6:00{ 4:00 -7:00 { 4:45-8:00{ 6:45-9:15{ Other: \_\_\_\_\_ to \_\_\_\_\_

**Please indicate any medical condition(s) we should be aware of:**

\_\_\_\_\_

**Contact person in case of emergency:**

Name: \_\_\_\_\_ Phone: Home \_\_\_\_\_ Work \_\_\_\_\_

Relationship to you (e.g. parent, spouse, friend) \_\_\_\_\_

**References:**

Little Bits Therapeutic Riding Association requires that **all new volunteers provide phone numbers for two references.** These may come from teachers, employers, other agencies you volunteer with, co-workers, etc.

**Reference #1**

Name \_\_\_\_\_

Relationship to you \_\_\_\_\_

Phone Number \_\_\_\_\_

**Reference #2**

Name \_\_\_\_\_

Relationship to you \_\_\_\_\_

Phone Number \_\_\_\_\_

**(Please fill in page 3)**

## **Volunteer Agreement with Little Bits Therapeutic Riding Association (LBTRA)**

- o In consideration of this application form, I hereby waive and release any and all claims against Little Bits Therapeutic Riding Association, their paid personnel, volunteers, as well as the Whitemud Equine Centre, for all injuries and expenses incurred by me during LBTRA activities.
- o I further give my permission to LBTRA and to persons designated by LBTRA to make photographic, and/or audiovisual recordings of myself and to publish or display them.
- o In case of an emergency, the undersigned authorizes LBTRA to provide such medical assistance as they determine to be necessary.
- o I understand that any personal information I am given regarding a rider is confidential and I agree to keep that information in confidence.

Print Applicant Name: \_\_\_\_\_

Signature of Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

Print Parent or Guardian Name: \_\_\_\_\_

Signature of Parent or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

**(Parent or guardian, only if applicant is under 18 years of age)**

Print Witness Name: \_\_\_\_\_

Signature of Witness: \_\_\_\_\_ Date: \_\_\_\_\_

**Completed forms may be faxed to (780) 476-7252 or dropped off at the office in the Whitemud Equine Centre, Keillor Road off Fox Drive, Edmonton)**