

I received my first horse when I was 11 years old when my Grandfather purchased two Icelandic Horses one for my sister and one for me. Thus, began my love affair with horses. I still own Icelandic Horses including the offspring of those first two.

I was very fortunate that those first Icelandic Horses were purchased from Robyn Hood the sister of Linda Tellington-Jones. Linda created the Tellington Touch now known as TELLINGTON TOUCH. Both she and Robyn travel the world sharing this method and all I know about horses I learnt from Robyn and Christine her long-time trainer.

As part of those clinic I was also blessed enough to participate in centered riding and connected riding.

All these skills I use in teaching Therapeutic Riding.

I became involved with Little Bits Riding Association over 20 years ago after the great suggestion from Petra. I started as a volunteer with the intent to become Canadian Therapeutic Riding Association certified. Thanks to the mentorship of Linda, Joanne, Loraine, Mellissa and many more I achieved certification.

I am so proud to be part of such a great program all the volunteers and staff make this program great.

Catherine

